



Information

November—January is the peak season for norovirus.

It is highly contagious.

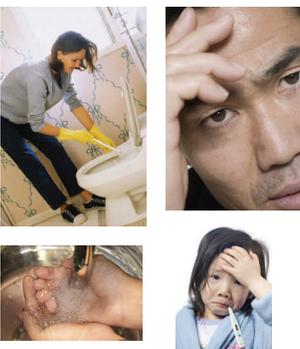
Protect yourself year-round with thorough hand washing.

If you are sick, stay home until symptoms are gone.

Friends

Anyone can be infected with norovirus. Since there are different strains, you can get it more than once.

Images



Links

Allen County Health Department:

www.allencountyhealthdepartment.org

CDC:

www.cdc.gov

News Feeds

Norovirus: a family of viruses that make people sick. It causes nausea, vomiting, diarrhea and stomach cramps.



I went to the doctor 'cause I kept throwing up. He called it "gastroenteritis" - found out later it was something called norovirus. Since it's a virus, I didn't take an antibiotic or anything. He just sent me home to rest and get better. Kind of ruined my holiday.

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I know what you mean. When I had it, I had nausea, vomiting, and diarrhea for about 2 days. I also had stomach cramps. Then I just started feeling better. I didn't go to the doctor. Most people don't have to.

Like · Comment



Mom made me drink a lot of fluids when I had it so I wouldn't get dehydrated. She made me stay home from school, too. No fun staying home when you feel lousy but I didn't want my friends to be sick.

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I heard you get sick within 24-48 hours of being exposed. Haven't gotten sick yet. Maybe I'm safe....? Thanks for staying home when you were sick.

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I was afraid we had food poisoning. I didn't know norovirus could spread through food. Did you know it can also spread from contaminated objects and surfaces or just from being around someone else who is sick?

Like · Comment



We were pretty sick when we had norovirus. I'm glad I cleaned everything up so well to keep the rest of my family from getting sick. I wiped everything down and washed all the dirty sheets and clothes.

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